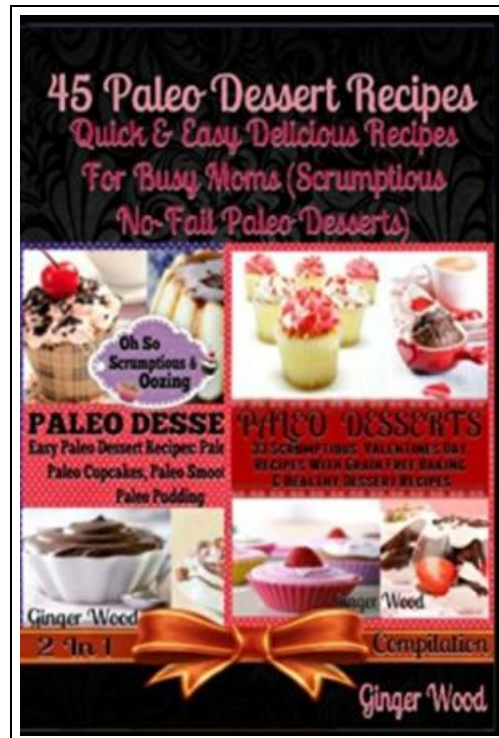


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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 242 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. Imagine the following scene. You come home from work and your kids are already waiting for you screaming for some scrumptious and tantalizing treats. You think what can I do to satisfy them. You then somehow succeed to transform some healthy ingredients that you just bought in the supermarket into a nice healthy and wholesome meal because that is what a supermom does. You are pretty proud of your supermom skills because you manage to cook a nutritious meal with vegetables and healthy ingredients that your kids actually like. What's next you ask Glad you anticipated this question because what happens next is the following scene. Your kids are all excited and chatty and next thing you know you hear them screaming: What's for dessert mom What do you do know Modern society is asking us moms to morph into supermoms and to handle our stressful existence at the same time without complaining and without getting upset. In addition to the complexities of the modern world we have to raise our children while making sure that everything runs properly at home and nobody gets sick. We are strapped for money and time and most of us moms have to hold down a full time job or even several jobs in order to keep the household running properly and to make everyone happy. Modern moms do not have much time left over to contemplate about fancy baking or mind blowing desserts for their kids and never mind healthy desserts that employ healthy ingredients that are a little bit more expensive all the time. A real mom who lives in reality land knows that there is no such thing and...



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