



E-Patients Live Longer: The Complete Guide to Managing Health Care Using Technology

By Nancy B. Finn

iUniverse.com. Hardcover. Condition: New. 248 pages. Dimensions: 9.1in. x 6.3in. x 1.2in. If you are frustrated, confused, or simply eager to find the best way to work through the complexities of our health-care system, e-Patients Live Longer has solutions for you. Author Nancy Finn has written this comprehensive how-to guide about using e-tools effectively to facilitate the best medical care possible. Filled with tips, suggestions, and guidelines, it explains how to communicate and collaborate more effectively with your healthcare providers; put together a personal health record; use e-mail and patient portals; maximize the effectiveness of your smartphone with beneficial health-care apps; oversee your safety when you are hospitalized; find the right information on the web; wade through the maze of health insurance options. Each chapter includes anecdotes that are easy to relate to, as well as a summary of important key points. A glossary of commonly used words rounds out this easy-to-use reference guide. e-Patients Live Longer has all of the answers to enable you get the best health-care deal for you and your family. Get the best health-care you can today! This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.



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