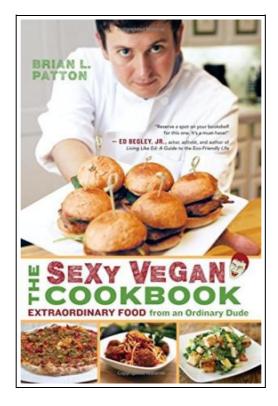
# The Sexy Vegan Cookbook: Extraordinary Food from an Ordinary Dude



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# Reviews

Merely no terms to spell out. It really is rally exciting through reading through period. Your daily life period is going to be enhance as soon as you complete looking over this ebook.

(Yvette Marquardt)

# THE SEXY VEGAN COOKBOOK: EXTRAORDINARY FOOD FROM AN ORDINARY DUDE



New World Library. Paperback. Condition: New. 256 pages. Dimensions: 8.9in. x 6.0in. x 0.7in.Are you craving a way to eat killer food without killing yourself, animals, or the planet Is your brain bloated from watching cooking shows that present recipes youre never, ever going to make Have you been searching for a way to prove to your friends that vegan food can be just as delicious, hearty, and satisfying as the meaty meals theyre accustomed to Then this is the book for you. Of his journey from watching food porn on his parents couch to cooking in Hollywood kitchens to becoming vegan, author Brian Patton writes: My roommate said he didnt know what made me a bigger loser: that I was painstakingly preserving episodes of 30 Minute Meals or that I was trying to conceal their existence by labeling them Star Trek. . . . Once I discovered that I could not only survive but thrive without taking the life of another being, I was sold. I was a vegan. For good. And thats how an ordinary dude became the Sexy Vegan and started creating extraordinary food with a decidedly real-meal appeal. On every page, Brian proves that seriously good food neednt be too serious. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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