



Low Carb Recipes Box Set 2 in 1: 30 Amazingly Delicious Healthy Low Carb Snacks + 30 Low Carb Desserts You Will Love: (Slow Cooker Low Carb, Low Carb Cookbook, Gluten Free Slow

By Imogen Burns

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Low Carb Recipes BOX SET 2 IN 1: 30 Amazingly Delicious Healthy Low Carb Snacks + 30 Low Carb Desserts You Will Love BOOK #1: Low Carb Snacks: Top 30 Amazingly Delicious Healthy Low Carb Snack Recipes For Weight Loss When following a low carb eating plan, snacking can be one of the hardest things to get right. We all have times when we need to grab something to eat for energy or a reward, and the temptation to think this doesn't count or what choice do I have? when reaching for a candy bar or packet of crisps can be immense. This book helps you to plan delicious, fast snacks to make sure your diet stays on track. It includes recipes for: Home made beef jerky - without preservatives or sugars Ten different egg recipes to stop you from getting bored with boiled Sweet treats to stop your sugar cravings With a little foresight and planning, you can stick to your low carb plan without compromising on taste or variety. BOOK #2: Low Carb Desserts: 30...



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-- Chelsea Durgan PhD

I actually started off looking over this pdf. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Mr. Bertrand Anderson DDS