



## Restorative Parenting: 7 Ways to Transform the Parent-Child Relationship

By John Ehrhart

Profundity Publishing, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.7 Ways to Transform the Parent-Child Relationship 1. ATTACHMENT: Developing positive connections that transcend competing forces. 2. DEVELOPMENT: Promoting healthy maturation of children and self. 3. EMPATHY: Ability to connect with feelings and needs being expressed. 4. PATIENCE: Capacity to stay with what is happening in the present moment, without reacting. 5. ADULTHOOD: Taking 100 responsibility for the state of ones life and ones relationships. 6. RESTORATION: Willingness and the skillful means to repair the harm. 7. RELATIONSHIP: Prioritize relationships over all else. As parents, we often find that despite our best efforts to maintain healthy, nurturing relationships with our children, damage to parent-child bonds can be a fact of life. We seek restoration. The techniques set out in this book will draw out your inspiration as a parent and connect you with the parent you truly are. The qualities and capacities you need to be a great parent are already present. About The Author: John Ehrhart holds a master s degree in Transpersonal Psychology from Naropa University, and bachelor of arts degrees in Psychology and Philosophy...



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