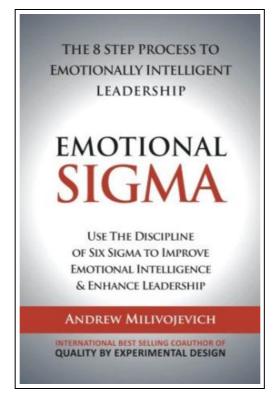
# Emotional SIGMA: The 8 Step Process to Emotionally Intelligent Leadership (Paperback)



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## Reviews

Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe.

(Newton Runolfsson)

### EMOTIONAL SIGMA: THE 8 STEP PROCESS TO EMOTIONALLY INTELLIGENT LEADERSHIP (PAPERBACK)



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Knowledge Management Group Inc., United States, 2016. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Emotional Sigma - The 8 Step Process to Emotionally Intelligent Leadership Use the Discipline of Six Sigma to Improve Emotional Intelligence and Enhance Leadership Driving initiatives that yield positive business outcomes - faster - is the goal of every leader. Unfortunately, initiatives don t drive themselves. Leaders must communicate goals, get buy-in, form strong teams and manage people well. To do so, Leaders must use sophisticated skills to understand how people think and feel. They must be emotionally intelligence observers and practitioners. Emotional Sigma is an 8 step process for executives, managers and business professionals. It uses Six Sigma to improve Emotional Intelligence so you can lead your teams to better business outcomes faster! Use this step-by-step guide as your personal coach and learn how to: Recognize the symptoms that suggest positive or negative behavior Define emotions that create the desired or undesired state Measure the consequence of acting on emotions Analyze emotional episodes objectively Improve the current emotional state Control emotional outcomes in a positive way Standardize methods used to manage future emotional episodes Integrate emotional lessons into the leadership coaching cycle Praise for Emotional Sigma -Emotional Sigma provides a process to make Emotional Intelligence a practical and meaningful reality for career and personal success.- - Ethan Mings, President - The Desk Consulting Group Inc. -Emotional Sigma presents a methodology for individuals to examine and manage their emotional intelligence. I found myself relating to many of the workplace situations where emotions have influenced outcomes. I would encourage anyone to embrace their self-awareness and improve their emotional control through the tools presented here!- - Gail Jordan, Corporate Training Consultant - Conestoga College Institute of Technology and Advan



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