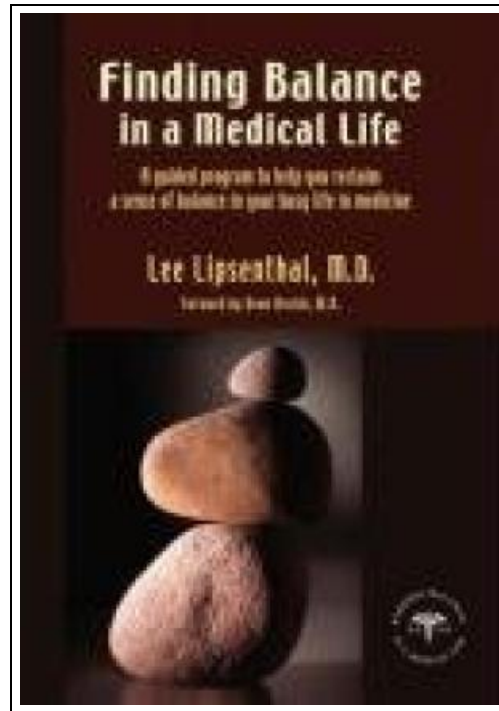


Finding Balance in a Medical Life (Paperback)



Filesize: 7.13 MB

Reviews

Unquestionably, this is the best operate by any author. It is among the most amazing pdf i actually have read. Its been designed in an remarkably basic way which is just right after i finished reading this pdf by which basically altered me, change the way i believe.
(Harold Spencer)

FINDING BALANCE IN A MEDICAL LIFE (PAPERBACK)



Lee Lipsenthal, MD, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The system of medicine, world-wide, is in a state of rapid change. This has left physicians in a state of anxiety, fatigue and even burnout. Finding Balance in a Medical Life is the culmination of the authors years of working with large physician groups, evaluating physician health research and delivering workshops to physicians and their families. It is intended to help physicians, healthcare professionals and their families to understand how they find themselves stuck in their work lives and even in their personal relationships. It explores the ramifications of the physician personality structure and helps the reader to analyze their own personality. It clarifies the effect of medical training and practice on the physicians health and relationships. It teaches the reader various tools and techniques to manage stress, enhance performance, and improve communication as well as how to plan their futures in by identifying their life purpose. About the Author Lee Lipsenthal, M.D., ABHM is a recognized leader, teacher and pioneer in the field of provider wellness. He is an internist by training and is internationally known for his research work with Dr. Dean Ornish, in preventive cardiology. He is also well known in the field of Integrative Medicine. Dr. Lipsenthal is a member of the American Medical Association Physician Well-being Planning Committee and has authored many professional and popular publications on healthcare provider wellness medicine. He is a frequently invited workshop presenter and speaker at healthcare conferences in the U.S. and world-wide. Finding Balance in a Medical Life is an eloquent, potent way of enhancing awareness and promoting healing in ourselves, our families, and our patients. It is a call to action that may help you save a very important...



[Read Finding Balance in a Medical Life \(Paperback\) Online](#)



[Download PDF Finding Balance in a Medical Life \(Paperback\)](#)

Related PDFs



The Voyagers Series - Europe: A New Multi-Media Adventure Book 1

Strength Through Communications, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Voyagers Series is a new multi-media, multi-disciplinary approach to teaching...

[Save Document](#)

»



The Voyagers Series - Africa: Book 2

Voyagers Series, Inc., United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Voyagers Series is a new multi-media, multi-disciplinary approach to teaching...

[Save Document](#)

»



No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any...

[Save Document](#)

»



Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

[Save Document](#)

»



Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English]

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

[Save Document](#)

»