



Game Plan: Achieve Your Goals in Life, Career, and Business

By Ciara Pressler

Pressler Collaborative, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.In a refreshing departure from the typical Dream it and do it! goal-setting guides, Game Plan goes beyond simplistic advice to deliver a practical, specific, systematic approach to goal achievement. Game Plan empowers goal setters with a specific framework designed to accelerate both personal and professional success. An essential addition to your personal and professional library, its unique workbook format introduces the latest success principles and a specific framework to help you discover your true goals, develop a specific action plan, and overcome your obstacles. Author Ciara Pressler distills wisdom and best practices gained from over a decade creating success strategies for businesses, organizations, and creative projects. Eschewing feel-good trends and easy answers, Game Plan is the thinking person s goal book, outlining an approach based on principles that work in the real world, including: SOLUTIONS: Why most resolutions fail and what to do about it GOALS: Shunning shoulds to identify what you really want right now ACTION: Identifying potential obstacles and a personal strategy to overcome getting stuck MOMENTUM: Maximizing your time, energy, resources, and work...



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