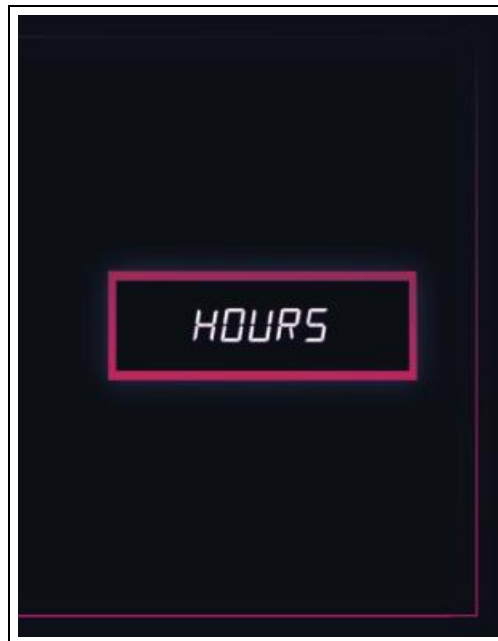


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On Demand Publishing, LLC-Create Space, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Hours was created through years of trial and error, looking for the perfect time management and creativity tool. Inspired by dot grid bullet journaling, productivity hacks and cognitive behavioral therapy it gives you just enough freedom and does not stand in the way of your creativity when looking for a way of making things happen, yet is structured enough to relief you from writer s block or blank page syndrome. If you ever tried a traditional time planner you know it lacks space to plan anything more than a few meetings per day of your 9 to 5, has no space to squeeze in a real task list nor to take notes on instant ideas, neither to doodle a quick sketch. But we all live 24 hours a day, some of us work nights, track and plan their sleep, etc. Hours let s you plan and log anything in your own way as a bullet journal normally does, but having done the most boring part of bullet journaling for you - writing hours daily and by doing it, it helps you focus on planning instead of setting up your planner every day and saves you hours of your valuable time. Hours doesn t impose a productivity system on you, because years of trying out many of them showed that none of them solve all of the problems you face in planning and managing your daily life. You have to create your own productivity system. It leaves you full creative freedom - two large dot grid pages per day to fill in with your best plans, moments, ideas, you name it. We found dot grid to be the perfect structure of...



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