



Progressive Patterns - For Busy Mothers: Adult Colouring Book

By nikk nakk designs

Westminster Designs, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Progressive Patterns for busy mothers - Adult Colouring Book is a compilation of 45 adult colouring designs from the nikk nakk designs team especially to give busy mums some time out of their day to relax and unwind. The talented creative team at nikk nakk designs make it so easy to release your artistic spirit - as you progress through the book, the designs become more challenging - with more detailed patterns and smaller colouring spaces. Experiment with different mediums and techniques as your confidence grows. Adults worldwide are discovering for themselves that relaxation can be found when they take the time to disconnect from technology and retreat into a simpler world where paper and pencils reign - and there aren't any rules! You have the freedom to just let your mind wander as your masterpiece takes shape. Don't worry if you haven't had any experience with art since you left school. There are no rules- forget your kindergarten teacher - you don't even have to stay inside the lines - just let...



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