



When I Say No I Feel Guilty (Paperback)

By Manuel J. Smith

Bantam Doubleday Dell Publishing Group Inc, United States, 1985. Paperback. Condition: New. Reissue. Language: English . Brand New Book. The best-seller that helps you say: I just said no and I don't feel guilty! Are you letting your kids get away with murder? Are you allowing your mother-in-law to impose her will on you? Are you embarrassed by praise or crushed by criticism? Are you having trouble coping with people? Learn the answers in When I Say No, I Feel Guilty, the best-seller with revolutionary new techniques for getting your own way.



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