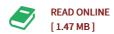




Self Test Self Treat: The Power to Heal Yourself (Paperback)

By Norma R Gairdner

First Choice Books, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand ******. How to self-muscle-test accurately using the NRG Method(TM) of self-muscle-testing, and how to use some basic Callahan Techniques(R) Thought Field Therapy(R) protocols to successfully self-treat, resolving emotional, physical and spiritual distress, and the perturbations of life. Whether you re a health practitioner, or studying any of the alternative healing arts such as naturopathy, thought field therapy (TFT), holistic medicine, chiropractic, applied kinesiology, emotional freedom technique (EFT), or energy psychology, you may have long wished for a trustworthy method to be able to muscle-test yourself. Well, now there is! According to Dr Roger Callahan, founder of Thought Field Therapy(R), the NRGmethod(TM) is a fine objective method of muscle-testing. And when performed as directed, gives reliable results. Whether you re a seasoned therapist or a person who has never heard of muscle-testing, if you want to do some healing self-treatment in the privacy of your own home, this method will allow you to do just that, by teaching you how to muscle-test yourself accurately, in order for you to locate your negative weaknesses, and apply some simple TFT tapping protocols to strengthen...



Reviews

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