



How to Analyze People: A Complete Guide on How to Analyze People, Cognitive Behavioral Therapy and Stoicism: CBT, Body Language, Emotions, Philosophy, Leadership (Paperback)

By George Muntau

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A Complete Guide on How To Analyze People, Cognitive Behavioral Therapy and StoicismA THREE Book BundleHow To Analyze PeopleBecome A Master In Reading Anyone Instantly If there s a single most important skill you can pick up in today s globally connected and technically savvy world, it s the ability to analyze people. How do you determine a good fit for your organization while interviewing potential hires? How do you approach strangers? How about a crush or potential date? How do you build a stunning rapport with clients by diving into their head? Learning to read other people gives you a definite edge in terms of predicting behavior, modeling your actions to build a favorable rapport with people, forging more fulfilling personal relationships and excelling at building professional relationships. No, I am not suggesting you switch careers to be an FBI agent. However, it doesn t hurt to possess their sharp people analyzing acumen, does it? Cognitive Behavioral TherapyMaster Your Brain, Depression And Anxiety Cognitive behavioral therapy (CBT) is a relatively short-term, results-oriented type of psychotherapy, which has a clear goal...

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