



Embrace Your Fertility: Empowering You with Tools to Help You Succeed (Hardback)

By MD Timea Belej-Rak

Balboa Press, 2016. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.When you are struggling with fertility, navigating your options may feel overwhelming. In Embrace Your Fertility, Dr. Timea Belej-Rak demystifies the process with a guide that melds heartfelt patient stories and expert knowledge on the latest resources including: ? naturopathic perspectives - by Tanya Wylde, ND, R.Ac. ? acupuncture and East Asian medicine - by Tim Tanaka, Ph.D., R.Ac., R. TCMP ? mind body connection - by Glenda Johnson, RPT, MCHt ? counseling - by Reina Zatylny, MSW, RSW ? medical treatments - by Timea Belej-Rak, MD ? sperm donation - by Haimant Bissessar, BSc ? egg donation - by David Sher, CEO, Elite IVF ? adoption - by Sofie Stergianis, MSW, RSW Offering a multifaceted discussion about a complex and emotional subject, Embrace Your Fertility includes chapters by professionals in the field with detailed information about processes and procedures. It includes a look at both mainstream medical interventions and alternative health options from diet to acupuncture and views your fertility struggle from new perspectives. Praise for Embrace Your Fertility Embrace Your Fertility is a splendid book which covers everything you need to know...



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