



Handbook of Group Activities for Impaired Adults

By Elsbeth Martindale

Routledge. Hardcover. Book Condition: New. Hardcover. 120 pages. Dimensions: 8.9in. x 6.3in. x 0.6in. Here is a one-of-a-kind resource for professionals who prepare and lead group activities for impaired older adults. Filling a crucial gap in the field of clinical gerontology, this invaluable guide provides more than 70 stimulating and therapeutic group activities designed specifically for use with moderately to severely impaired older adults. Even though group activities designed for children, adolescents, and young adults are inadequate and inappropriate for use with older adults who have significant cognitive, emotional, and physical limitations or impairments, very little has been published--until now--on activities designed to meet the special needs of this population. Comprehensive and well-organized This comprehensive and well-organized resource does even more than provide over 70 activities at your fingertips. It also includes a recommended schedule of activities for a typical day, helpful suggestions for planning and leading group activities, and valuable tips for creating your own group activities that are effective, therapeutic, and entertaining. Each entry includes information on the activity's therapeutic value, the optimal group size, the time required, the materials needed, guidelines for adaptation, and blank space for your notes. Also for your convenience, symbols are used to indicate...



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