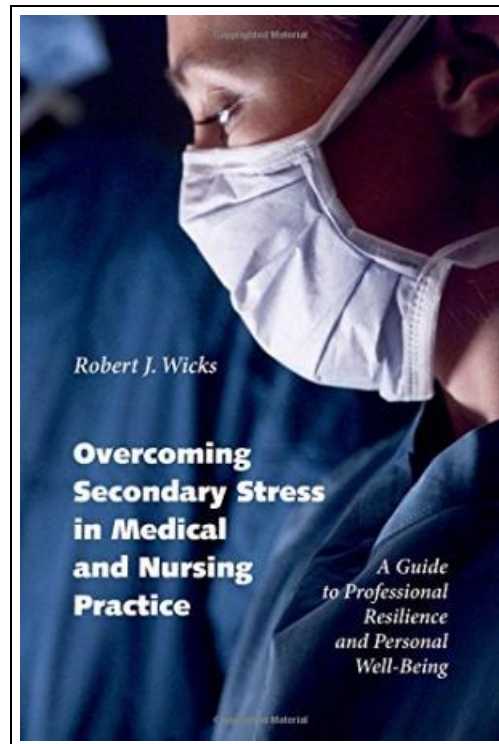


Overcoming Secondary Stress in Medical and Nursing Practice: A Guide to Professional Resilience and Personal Well-Being



Filesize: 3.9 MB

Reviews

Complete guide! Its this kind of very good read through. This is certainly for all who statte there was not a worthy of looking at. I am just quickly will get a delight of looking at a composed publication.
(Kacie Carroll)

OVERCOMING SECONDARY STRESS IN MEDICAL AND NURSING PRACTICE: A GUIDE TO PROFESSIONAL RESILIENCE AND PERSONAL WELL-BEING



Oxford University Press Inc. Hardback. Book Condition: new. BRAND NEW, Overcoming Secondary Stress in Medical and Nursing Practice: A Guide to Professional Resilience and Personal Well-Being, Robert J. Wicks, Physicians, nurses, and allied health professionals working in today's health care settings must be prepared to offer support in dangerous times despite staffing shortages, financial pressures, and complex legal requirements. Overcoming Stress in Medical and Nursing Practice: A Guide to Professional Resilience and Personal Well-Being is a concise guide for all medical professionals who face these demands. This book: * Provides critical information about the dangers of compassion fatigue/burnout and vicarious post-traumatic stress disorder in health care settings * Introduces a newly-developed "Medical-Nursing Professional Secondary Stress Self-Awareness Questionnaire" that can be profitably self-administered at each phase of one's career and reflected upon in private, with one's mentor, or in a small group setting * Includes a unique section on strengthening one's inner life through the use of three core spiritual wisdom approaches drawn from a world religion perspective * Provides a description of four types of "voices" one needs to have in one's circle of friends to ensure that balance, perspective, growth, and challenge are fostered in one's personal and professional life * Describes how physicians, nurses, and allied health professionals can formulate a personally-designed self-care protocol for themselves Lastly, this book offers an extensive and up-to date bibliography of recent research, clinical papers, and books on medical-nursing practice and secondary stress. Overcoming Stress in Medical and Nursing Practice is an indispensable resource for medical and nursing professionals, students, and the counselors and therapists who work with them.



[Read Overcoming Secondary Stress in Medical and Nursing Practice: A Guide to Professional Resilience and Personal Well-Being Online](#)



[Download PDF Overcoming Secondary Stress in Medical and Nursing Practice: A Guide to Professional Resilience and Personal Well-Being](#)

You May Also Like



A Kindergarten Manual for Jewish Religious Schools; Teacher s Text Book for Use in School and Home

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download...

[Download eBook](#)

»



Christmas Favourite Stories: Stories + Jokes + Colouring Book: Christmas Stories for Kids (Bedtime Stories for Ages 4-8): Books for Kids: Fun Christmas Stories, Jokes for Kids, Children Books, Books for Kids, Free Stories (Christmas Books for Children) (P

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Merry Xmas! Your kid will love this adorable Christmas book...

[Download eBook](#)

»



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 3: The Backpack (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 174 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It...

[Download eBook](#)

»



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 4: Wet Feet (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It...

[Download eBook](#)

»



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 4: Quick! Quick! (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It...

[Download eBook](#)

»