



Chicken Poop for the Soul: In Search of Food Sovereignty

By Kristeva Dowling

Caitlin Press. Paperback. Book Condition: new. BRAND NEW, Chicken Poop for the Soul: In Search of Food Sovereignty, Kristeva Dowling, Food sovereignty goes beyond addressing the need to secure a daily food source. Food sovereignty means having the right to determine where your food comes from and how it is produced. In 2008, alarmed by the impact agro-business was having on Canadian food quality and security, Kristeva Dowling decided to take control of her own food source. In an attempt to achieve 100 percent self-sufficiency on her small holding in BC's Bella Coola Valley, she ploughed under her land, converted her garage to an intensive care unit for chickens and learned to hunt, fish, gather and preserve her own food. In the tradition of the "back-to-the-landers" of the '60s, Dowling sheds the habits of her urban life and, with no agricultural background, begins an emotional and political journey towards independence. Dowling's story is a witty, humorous and often bizarre journey of trial and error. Between rendering maple syrup, mothering baby chicks, canning hundreds of pounds of preserves, tracking wild game and growing her own wheat, Dowling finds time to reflect on her new-found tangible skills, her intangible problems and the...



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Reviews

This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Natalie Abbott**

This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.

-- **Rene Olson**