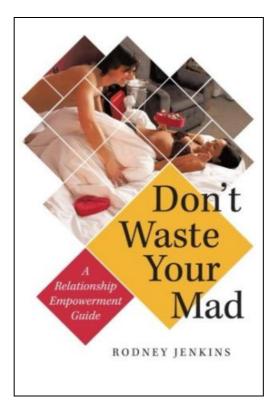
# Don t Waste Your Mad: A Relationship Empowerment Guide (Paperback)



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# Reviews

The book is straightforward in read through better to recognize. it absolutely was writtern quite completely and valuable. Its been printed in an exceptionally simple way which is only after i finished reading this book where really altered me, alter the way i believe. (Kenyatta Berge DDS)

# DON T WASTE YOUR MAD: A RELATIONSHIP EMPOWERMENT GUIDE (PAPERBACK)



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iUniverse, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*.Good communication, often said to be the key to every successful relationship, can be challenging to master without the right tools. In his relationship empowerment guide, author Rodney Jenkins offers a comprehensive road map that teaches couples how to speak openly to each other about both the good and the bad, listen effectively, and focus on long-term relationship growth. Jenkins relies on real-life scenarios as well as his own professional, personal, and faithbased experiences to offer couples clear ground rules for communication, including scheduling daily conversations, introducing I messages, and engaging in active listening techniques that help break down barriers and create intimacy. Through his proactive methods, Jenkins helps couples learn how to deal with communication roadblocks; maintain good communication during hardships; better understand a partner and the process of love; root a relationship in spirituality, honesty, and friendship; and focus on the big picture. Don t Waste Your Mad provides couples with the tools to build, strengthen, and maintain a strong relationship through effective communication while growing together financially, spiritually, and emotionally.



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