



Half of a Man and A Piece of Me

By Holly Smith-Lindsey

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 66 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. In school, you learn about blood vessels and veins, and the intricate anatomy of the heart. But how is it that so many people continue to live, even after their hearts are repeatedly broken It turns out, that pumping organ in our chests isnt as fragile as it may seemin fact, much of the first-hand experience required getting back on track and finding your way to a healthy relationship can be found in examining and evaluating your past relationships, as full of heartbreak as they may be. There is a certain wisdom that can be found in those who have faced a lifetime of trials and tribulations, one that no amount of studying or any college degree can replace. This is the theory behind Half of a Man and a Piece of Me, a candid work in which author Holly Smith-Lindsey shares her personal reflections about past relationships, and what she has learned in the process of becoming who she is today. Part autobiography and part self-help guide, the author shares her valuable insights based on years of good, bad,...



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