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My Invisible Cosmic Zebra Has Hashimoto s Disease - Now What? (Paperback)

By Jessie Riley

Kitanie, 2016. Paperback. Condition: New. Kitanie Books (illustrator). Language: English . Brand New Book ***** Print on Demand *****. If you ve ever felt overwhelmed or clueless about how to navigate through life after being diagnosed with Hashimoto s disease, an invisible illness, My Invisible Cosmic Zebra Has Hashimoto s Disease--Now What? is for you. Written from a non-medical perspective, teens and young adults can use the 100-page creative workbook as a resource tool for understanding the myriad of funny-but-not-so-funny non-medical challenges they might encounter after diagnosis. The workbook is full of positive ideas, coping methods, creative visualizations, coloring pages, and lots of lovable cosmic creatures who give comforting advice--all with the aim of bringing hope, humor and inspiration back into the lives of those living with Hashimoto s disease. The Invisible Cosmic Zebra Collection is published by Kitanie Books at.

Reviews

I actually started looking over this publication. It really is rally interesting throgh studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dana Hintz

Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You wont really feel monotony at at any moment of your time (that's what catalogues are for concerning when you ask me).

-- Elisa Reinger

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