



In Conversation: Vol. 1: An Anthology of Metaphysical Conversation and Poetry

By B. B. Golding

New Generation Publishing, United Kingdom, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.For the past fifteen years my work has led me into the exploration of the unconscious. Through my work as a holistic healer, with thousands of dream analysis interpretations, and altered states of consciousness achieved in meditation, I have an inner window in which to explore this hidden part of nature and discover what we truly are. The symbolic nature of our unconscious minds provides great insight into the nature of an individual's needs, helping to bring balance and understanding to the challenges of health and well-being. Working with my unconscious self I became convinced that the life within is equal to the waking state. The shift in consciousness through such techniques has enabled me to be aware of this great expanse of human nature and existences that lie beyond. Through such investigations, a series of conversations took place which I further explored through the medium of poetry. What follows is a journey, establishing an understanding to the tentative beginnings of the human race and the awareness that we are not alone within these inner...

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