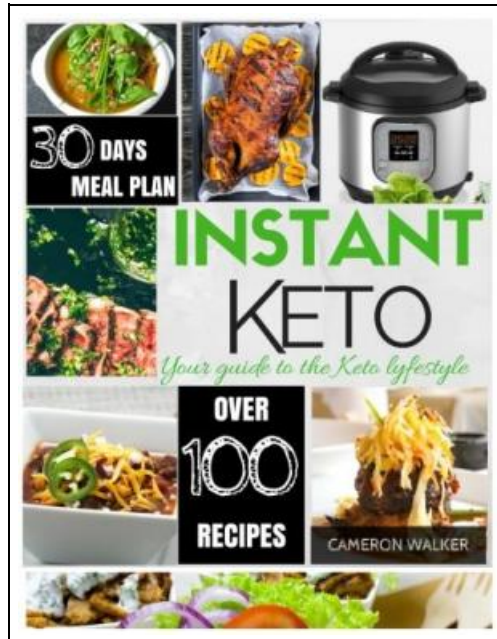


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Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This BUNDLE OFFER contains 4 BOOKS IN 1: 1)KETO ELECTRIC PRESSURE COOKER COOKBOOK: Low Carb Recipes for Your Pressure Cooker (UNIQUE! with macros total carb/net carb calculations per recipe) 2) KETO MEAL PLAN: YOUR COMPLETE 30 DAYS KETO-ADAPTATION RECIPE COOKBOOK (with macros total carb/net carb calculation) Description: 1)KETO ELECTRIC PRESSURE COOKER COOKBOOK Are you done with cookbooks that are not really Keto, contain recipes with too many carbs and more protein than fat?! Then this Ketogenic ELECTRIC PRESSURE COOKER BOOK is for you!! All original recipes have really high fat and way less than 10 gr of net carbs per meal! Many tend to exceed with some macros or in calories or can fall victim to the temptation to give up before they can truly experience the benefits of being keto-adapted. This Electric Pressure Cooker Ketogenic recipes book makes things simple, by detailing your macros for you in each recipes to help your sure success on your keto quest! Here s a preview of what you ll have. Electrict pressure cooker: all there is to know! -Pork keto recipes -Beef and game keto recipes - Poultry keto recipes - Fish seafood keto recipes - Soup other original dishes keto recipes - Sweet keto recipes .each recipe is detailed with nutrition values and total and net carb calculation Download it now! 2)KETO MEAL PLAN: - The complete monthly guide schedule for breakfast, snacks, lunch and dinner for your best and fastest adaptation to the Keto lifestyle! - Over 77 healthy and delicious whole-food recipes that will help your body burn fat and keep your cravings to zero For those who are brand-new to a ketogenic diet and those who are getting back on...



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