

# Anal Pleasure and Health: A Guide for Men, Women and Couples

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### Reviews

It is great and fantastic. I actually have read and so i am certain that i am going to going to go through once again yet again in the future. I realized this ebook from my dad and i encouraged this book to find out. (Dr. Kayden Gerlach)

#### ANAL PLEASURE AND HEALTH: A GUIDE FOR MEN, WOMEN AND COUPLES



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Down There Press. Paperback. Condition: New. 256 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. For many years the focus of fear and disgust, the anus is actually one of the human bodys most wondrous creations-elegant, efficient, and richly supplied with pleasure nerves. However, stress and ignorance can turn the anus and its functions from a source of delight into a painful disability. Whats needed is an owners manual-and here it is! Join therapist and sexologist Jack Morin, Ph. D., on this tour of the anus, complete with information and exercises to open the door to new sources of comfort and gratification. Youll unlearn habits that can cause everything from hemorrhoids to chronic pelvic pain- and, if you choose, learn new ways of achieving solo and partnered pleasures through this humblest of portals. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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