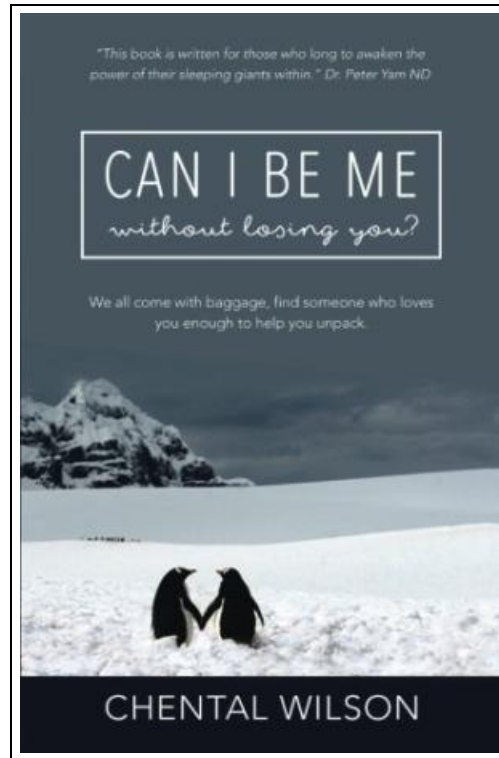


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CAN I BE ME WITHOUT LOSING YOU? (PAPERBACK)



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Balboa Press, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Are you worried that to be happy and true to yourself means leaving those you love and the life you have behind? One of the reasons becoming ourselves takes so long and is so hard is because we have a deep fear of speaking our own truths. We have been conditioned to feel badly about who we are and guilty about what we want from life. One Sunday afternoon something happened to Chental that changes her forever. In *The Power of Now*, Eckhart Tolle refers to this shift as being in a State of Grace. Follow Chental as she takes you on her journey of self empowerment while including her husband and family. She learns to be a detective in her own life using her new abilities to detach, watch herself grow, and along the way explain what's happening to those she loves, so that they are not afraid, threatened or confused by her new actions.



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