



## The Eat-A-Bug Cookbook, Revised (Paperback)

By David George Gordon

Random House USA Inc, United States, 2013. Paperback. Condition: New. 2nd Revised ed.. Language: English . Brand New Book. With its stylish new package, updated information on the health and environmental benefits of insect eating, and breed-your-own instructions, this new edition of The Eat-a-Bug Cookbook is the go-to resource for anyone interested in becoming an entomological epicure. For many Americans, eating a lowly insect is something you d only do on a dare. But with naturalist and noted bug chef David George Gordon, bug-eating is fun, exciting, and downright delicious! Now you can impress, enlighten, and entertain your family and friends with Gordon s one-of-a-kind recipes. Spice things up at the next neighborhood potluck with a big bowl of Orthopteran Orzo--pasta salad with a cricket-y twist. Conquer your fear of spiders with a Deep-Fried Tarantula. And for dessert, why not try a White Chocolate and Wax Worm Cookie? (They re so tasty, the kids will be begging for seconds!) Today, there are more reasons than ever before to explore entomophagy (that s bug-eating, by the way). It s an environmentally-friendly source of protein: Research shows that bug farming reduces greenhouse gas emissions and is exponentially more water-efficient than farming for...



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