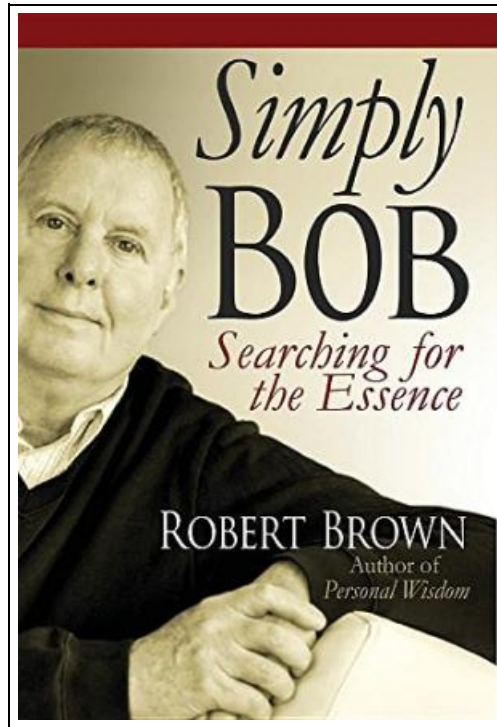


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Denro Classics, 2016. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In less than seven seconds, Bob Brown's life was shattered. It wasn't an accident. It wasn't illness. It wasn't drugs, alcohol or abuse of any kind. It was a documentary film in high school, and it took him forty years to recover. In this memoir of seeking the meaning of life, Bob tells the story of what made sense to him, and it may be right for you too. Bob was lucky, one of his professors in graduate school was Viktor Frankl, author of Man's Search for Meaning. Other influences were Herbert Blumer, Carol Rogers, Abraham Maslow, Clark Moustakas, Eric Berne and also Kierkegaard, Husserl, Sartre, Heidegger and especially Montaigne. Those and others helped direct Bob to better understand what life is and can be. The essence Bob presents is what he learned is the key to live a meaningful life. He distilled concepts down to one word; contribute. That's it: The meaning of life is one word. No matter what you think and believe, if you contribute as well as you can, you're also living as well as you can. Simply Bob is a description of the life experiences that led him to this conclusion. Except for that traumatic movie in high school, these experiences were normal, everyday events, nothing special in the grand scheme of things (and even that documentary movie was pretty normal too). They demonstrate that a simple ordinary guy can learn important truths--thus the title Simply Bob. Your search for meaning, your quest to define your purpose, your investment in relationships, expressions of love, how you raise your kids, all you do depends on your core values. When you contribute to...



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