



## Narcissist Test: How to Spot Outsized Egos . and the Surprising Things We Can Learn from Them

By Craig Malkin

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Narcissist Test: How to Spot Outsized Egos . and the Surprising Things We Can Learn from Them, Craig Malkin, What exactly is narcissism? An incurable disease set to ruin your future, a habit to be curbed, or a trait to be nurtured? And how can you tell if your partner, child, or even you are a narcissist? Dr Craig Malkin offers a new picture of narcissism, showing us why being called a 'narcissist' isn't necessarily such a bad thing after all. Narcissism is all around us. We are a selfie-obsessed generation, surviving on a steady diet of watching reality shows that celebrate attention-seeking know-and-do-nothings and posting a whopping 500 million tweets a day to document our every thought and whim. But is narcissism really as bad as we have been led to believe? In this groundbreaking book, clinical psychologist Dr Craig Malkin offers a radically new picture of narcissism, defining it as a spectrum of self-importance, and explaining that everyone falls somewhere on the scale between utter selflessness and total arrogance. He reveals why it is essential to embrace some level of narcissism in order to maintain a healthy sense of self-worth....

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