



5 Simple Steps to Take Your Marriage from Good to Great (Paperback)

By Terri L Orbuch Ph D

River Grove Books, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Contrary to what you ve been told, keeping a marriage successful does NOT take hard work! All it takes is making a few small changes over time. If you re feeling your good marriage is starting to show a little wear, zero in on those imperfections, right? WRONG! Focus on what s going well! Enhance the good aspects of your marriage and build on the solid foundation you already have. Dr. Orbuch debunks many common marriage myths and you ll find out who needs more compliments-men or women. Who falls in love faster-women or men? The advice in this smart, entertaining book will help you put the excitement back in your marriage in no time, and you ll be amazed at how easy it will be! 5 Simple Steps to Take Your Marriage from Good to Great is based on the findings of a groundbreaking study directed by Dr. Orbuch, and funded by the National Institutes of Health. The study-of the same 373 married couples-began in 1986 and continues today. Dr. Orbuch is a professor, a renowned therapist, and a...



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