



Integrative Therapy: A Practitioner s Guide (Hardback)

By Maja O'Brien, Gaie Houston

Sage Publications Ltd, United Kingdom, 2007. Hardback. Book Condition: New. 2nd Revised edition. 234 x 156 mm. Language: English . Brand New Book. The book is comprehensive, and extensively researched and referenced. !.[The] last chapter contains some excellent training resources for trainers of counsellors/psychotherapists. I would therefore endorse it as a useful textbook, especially as there is an excellent in-depth example of an assessment form, and guidance on how this can be used for trainees. These were useful revision points to me as an experienced counsellor - The Independent Practitioner The book would be useful to practitioners who want to start thinking outside the box of a particular orientation. It is also aimed at students and trainers - the last 40 pages in particular are full of practical training exercises. Overall, I would recommend it as a well-reasoned argument for therapy to be rooted in an integrative base - Therapy Today Integration rather than a single theory has become accepted and widely recommended as a way forward in psychotherapy and counselling. Integrative Therapy, Second Edition, a timely and innovative guide for practitioners, is based on the view that training and practice methods should be evaluated for their usefulness to the...



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