



## Homeopathy for Common Ailments

By Robin Hayfield

New Age Books/MLBD, 2001. Softcover. Condition: New. Homeopathy for Common Ailments is a practical, beautifully illustrated guide that explain and demystifies this safe and simple form of treatment. As well as offering guidance for treating children and using homeopathy for first aid, the book will help you to select and use widely available homeopathic remedies to treat frequently encountered physical and mental health problems such as: anxiety; indigestion, chickenpox, coughs and croups, shock, travel sickness, hayfever, bites and stings. Part one of the book lists thirty-seven common ailments. Under each ailment there is a description of several types of symptoms, both physical and mental. Prescribing for Children follows the Common Ailments section. It describes the use of homeopathic remedies that are matched to personality types. As well as treating ailments, these remedies are useful as general tonics for children. In part two there is a description of each remedy, giving its origin and uses. The Homeopathic Remedy Kit gives the twenty remedies and five creams that are most commonly used. Printed Pages: 96.

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