



Juice Me! a Complete Juicing Guide for Healthy People (Paperback)

By Stacia G Browne

Speedy Publishing LLC, 2014. Paperback. Condition: New. Large type / large print edition. Language: English . Brand New Book ***** Print on Demand *****. Juice Me! A Complete Juicing Guide for Healthy People is a great starter guide for persons that are interested in making the transition to the juicing lifestyle. It has been proven over the years to be a healthy choice for many individuals and as such the interest in what the benefits of juicing are has increased. Juicing is much simpler than many believe it to be. As long as you have the right tools and the right selection of fruits and vegetables, it is pretty easy. The book shows the reader how to do all that and more!.

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