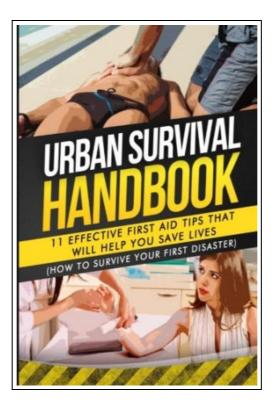
Urban Survival Handbook: 11 Effective First Aid Tips That Will Help You Save Lives (Paperback)



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Reviews

I actually started out reading this article publication. It is loaded with knowledge and wisdom Your way of life span is going to be transform as soon as you total reading this article pdf. (Mrs. Felicia Windler)

URBAN SURVIVAL HANDBOOK: 11 EFFECTIVE FIRST AID TIPS THAT WILL HELP YOU SAVE LIVES (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. First Aid Tips to save lives Cuts and bruises, sprains and strains, dislocations, broken bones, snake bites. Sound familiar? At one point in time we have all suffered such an injury or someone else in our family has. And especially in this last case we have wanted to help out anyway we could, but we didn t know how. Well, here is a chance to learn. This book comes out with a complete set of information and tips on what to do in cases of injury during a time of need. The contents address EVERYONE. We can all help someone that has suffered a wound or an injury suddenly and unexpectedly. We can all save the life of someone who has stopped breathing, or their heart has stopped beating, for any reason. As long as the proper precautions indicated are kept at all times, we can all save the day. Come to think of it, first aid is a 1, 2, 3 process. Keep your head and your composure, assert authority, assess the situation, do what needs to be done with confidence, and help the professionally trained first responders and the doctors to do their job more efficiently. Out of all the above only the part that says do what needs to be done is probably easier said than done. How can you help someone with a broken bone or after they have been bitten by a snake? How can you make a stretcher out of nothing? What should a first aid kit look like on the inside? What is a defibrillator? With the information included in the Urban Survival Handbook: 11 Effective First Aid Tips That Will Help You...

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