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Men-Opause: The Book for Men

By Michael P. Goodman

Robert D. Reed Publishers. Paperback. Book Condition: new. BRAND NEW, Men-Opause: The Book for Men, Michael P. Goodman, Finally, a book on menopause for men! Author Dr. Goodman shows men how to support and survive their partner's menopause, improve sexual intimacy, and end up with a stronger relationship. Dr. Mike has been listening to women for 35 years, and now here is his companion book to "The Midlife Bible". In the book, he: outlines the issues; explains the physiology; acknowledges the crazies; identifies many things women can do to help themselves; shows the men how they can help, and advises when it is best for the men to get out of the way! And in a bonus chapter - Andropause: The Male Change of Life - he explains how the decline in testosterone can rob men of their energy and sexuality, and explains how they can get their testosterone and erections 'up' to a more sustainable level. Life does not stop at 50! This book will help to guide couples through the temporarily troubled waters of midlife.

Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- Dr. Celestino Spinka III

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