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## The Shift Journey: Spirituality, Virtues, and Unconditional Love

By Elaine Yoshikawa

Sojourn Publishing. Paperback. Condition: New. 129 pages. Dimensions: 8.5in. x 5.5in. x 0.4in. The Shift Journey: Spirituality, Virtue, and Unconditional Love examines Pierre Teilhard de Chardins claim that you are a spiritual being having a human experience. What does this actually mean and what is required to embody the shift in your life The author regards this succinctly deep insight as a clarion call to live authentically and with purpose. Authenticity requires acknowledging your deeper soulful nature and the recognition of your souls unique purpose. The book is organized into three sections: The first section examines the nature of the shift. The author calls the kind of shift Teilhard has in mind a Perspectival Shift. A comprehensive understanding of the shift requires an examination of the human perspective, the spiritual perspective, and a thoughtful analysis of the difference between the two. Along with setting the intention for creating the spiritual shift, you need a foundation that will sustain the spiritual perspective in daily life. The second section is about creating and maintaining the shift. What is the foundation for a spiritual life How do you maintain your spiritual bearings in daily life Here, the author calls upon the ancient Greek philosopher...



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