



## Break-Up Breakthrough Learning to Love Again

By R.C.C. M a R M F T Weiler

Fastpencil Inc, United States, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Jo-Anne offers exactly what you need to get over the gut-wrenching pain. Understand what went wrong, learn practical strategies to manage your strong emotions and transform your thinking and behaviour. You will even find yourself laughing a bit along the way! - MARIA LEROSE, M.E.D., Prominent Canadian Performance Coach in Social and Emotional Learning I was able to really grasp a deeper learning about myself and what went wrong, and how I can be more successful in my future relationships. - JULIE BERNARD, Manager Production Services, Creative B.C./B.C. Film Commission Jo-Anne Weiler is a truly skilled therapist and has helped so many of my patients through difficult circumstances and challenges in their lives. I am excited to have this book to assist couples/people through the pain and grief of relationship endings. - DR. SUSAN CHOW, M.D. This book is what ultimately challenged my ignorant and perhaps naive notions of moving on , and brought me back to this wonderful place of self-love and reconciliation. There is no truer soul than Jo-Anne Weiler, dedicated to fighting through love...

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