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## Designing Healthy Communities

By Richard J. Jackson

Jossey Bass Wiley Dez 2011, 2011. Buch. Condition: Neu. Neuware - Designing Healthy Communities, the companion book to the acclaimed public television documentary, highlights how we design the built environment and its potential for addressing and preventing many of the nation's devastating childhood and adult health concerns. Dr. Richard Jackson looks at the root causes of our malaise and highlights healthy community designs achieved by planners, designers, and community leaders working together. Ultimately, Dr. Jackson encourages all of us to make the kinds of positive changes highlighted in this book. 2012 Nautilus Silver Award Winning Title in category of 'Social Change' In this book, Dr. Jackson explores how the built environment has contributed to the fact that two-thirds of Americans are overweight, 70 million are obese and many suffer from an array of other chronic but preventable diseases. The book and series looks upstream at the root causes of our malaise, and highlights actionable best practices based on real people with real solutions. Public health has traditionally associated the built environment with issues such as poor sanitation, lead paint poisoning and children, workplace safety, fire codes and access for persons with disabilities. We now realize that how we design the built...



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