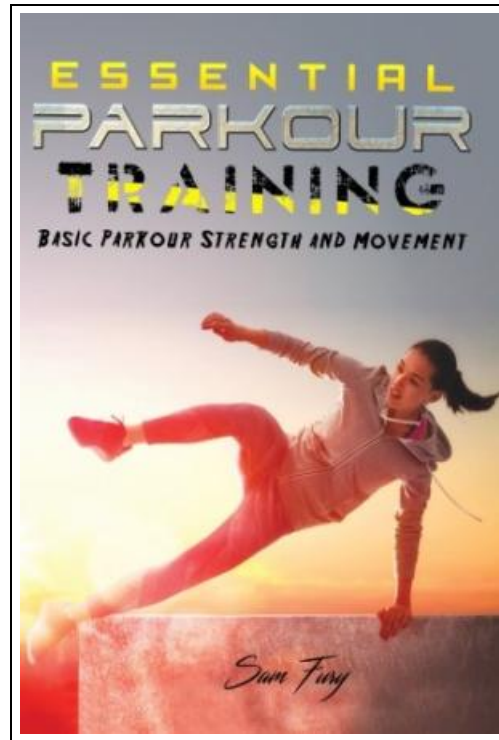


## Essential Parkour Training: Basic Parkour Strength and Movement (Paperback)



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