



## Cognitive-Behavior Modification: An Integrative Approach (Paperback)

By Donald Meichenbaum

Springer-Verlag New York Inc., United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is an account of a personal journey through a research program. A number of people have helped guide my way. To them I am deeply grateful. Special thanks are offered to my students, whose constant stimulation and provocation were incentives to write this book. Moreover, in the belief that they would never show the initiative to put together a festschrift for me (Le., a book dedicated to someone for his contributions), I decided to do it myself. Several people cared enough to offer editorial criticisms, namely, Myles Genest, Barney Gilmore, Roy Cameron, Sherryl Goodman, and Dennis Turk. The reader benefits from their perspicacity. Finally, to my parents, who taught me to talk to myself, and to my family, without whose constant input this book would have been completed much sooner, but would have been much less fun, I dedicate this book. D.M. 5 Contents Prologue 11 Chapter 1 17 Self-Instructional Training Hyperactive, Impulsive Children: An Illustration of a Search for a Deficit 23 Luria s Model (24), Private Speech and Mediation Skills (27) Self-Instructional Treatment of Hyperactive, Impulsive...



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