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# BEYOND BLUE Creative Approaches to Releasing Grief And Flying Fre Val ANDREWS

## BEYOND BLUE: CREATIVE APPROACHES TO RELEASING GRIEF AND FLYING FREE (PAPERBACK)

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Grief is often associated with the death of a loved one. However, there are many kinds of living losses which can cause grief, and a person s journey to recovery is as unique as the circumstances causing the grief. This book explains how creativity can be used as an aid to recovery and reconstructing life with more meaning and purpose after...

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- Authored by MS Val Andrews
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