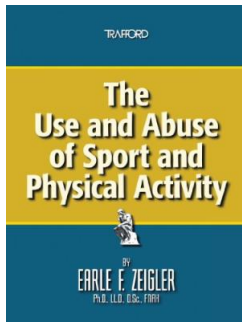


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## THE USE AND ABUSE OF SPORT AND PHYSICAL ACTIVITY



Trafford Publishing. Paperback. Book Condition: New. Paperback. 268 pages. Dimensions: 11.0in. x 8.2in. x 0.6in. I am not against sport and related physical activity. What I am arguing is that, employed properly and correctly, exercise and sport-as one of a number of vital social forces (e. g. nationalism, ecology)-could contribute to the improvement of the current situation in human health enormously. Additionally, in the case of related physical activity (i. e. regular exercise or physical activity education) in the developed world,...

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