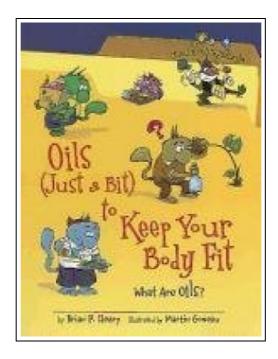
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The Millbrook Press Inc, United States, 2011. Paperback. Condition: New. Martin Goneau (illustrator). Reprint. Language: English. Brand New Book. What are oils? Oils are liquid fats. They give a rich flavor to foods they are found in, such as nuts, seeds, and fish. Brian P. Cleary s goofy verse and Martin Goneau s humorous illustrations give young readers a slick bunch of examples of oils and foods rich in healthy oils. They also highlight some health benefits of eating a limited amount of oil. Oils and oil-rich foods are printed in color for easy identification. Enjoy this flavorful serving of a book!

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