



Healing from the Heart: A Leading Surgeon Combines Eastern and Western Traditions to Create the Medic of the Future (Paperback)

By Mehmet Öz, Ron Arias, Lisa Oz

New American Library, United States, 1999. Paperback. Condition: New. Language: English . Brand New Book. Dr. Mehmet Oz, celebrated heart surgeon and co-founder of the Complementary Care Center at New York's Columbia-Presbyterian Hospital, is spearheading the health-care revolution that is yielding powerful new healing tools that will forever change the way we think of medicine. In this ground-breaking book, he describes his pioneering work--combining cutting-edge Western medicine with such Eastern techniques as acupuncture and chi-gong, as well as such controversial therapies as hypnosis, music, massage, reflexology, aromatherapy, and energy healing. The inspiring and affecting stories of his patients are the heart of this book--from the extraordinary discipline of Frank Torre, who used his professional sports training to psych himself into healing after heart transplant surgery, to the impossible recovery of blues great Johnny Copeland, who was roused from a seemingly impenetrable coma through the force of his own music. In recounting his patients' experiences, Dr. Oz forges a blueprint for the radical new medicine of the next millennium--drawing on the best from Eastern and Western therapies and empowering patients to become partners with doctors in promoting their own recovery.



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Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

-- Audra Klocko PhD

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Germaine Welch