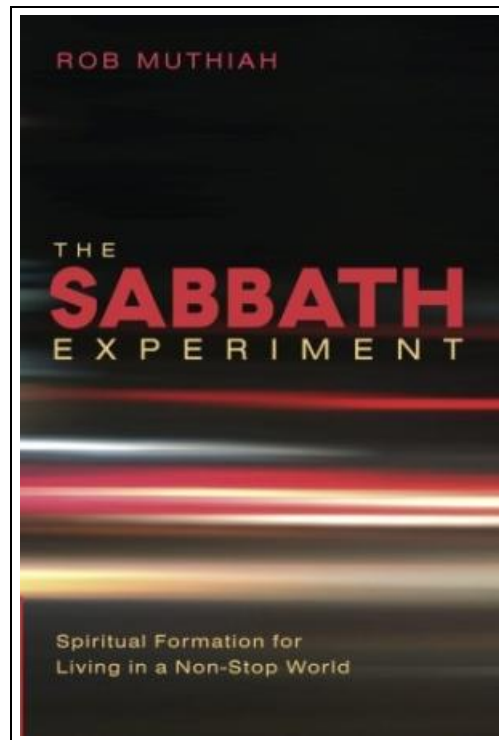


The Sabbath Experiment



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Reviews

Undoubtedly, this is the greatest job by any author. It is actually filled with wisdom and knowledge I am quickly could get a pleasure of reading a written book.

(Kade Ankunding)

THE SABBATH EXPERIMENT



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CASCADE BOOKS, United States, 2015. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you are a busy Christian trying to navigate the demands and values of a culture moving at hyper speed? Then this book is for you. This is a book for those who long for something more . . . or something less. Sabbath spirituality attends to that longing. The ancient practice of Sabbath contains within it incredible riches waiting to be rediscovered. But is a spirituality rooted in Sabbath realistic in our fast-paced world? Why is the idea of Sabbath even worth considering today? By bringing together stories, Scripture, and theological reflection, we will wrestle with these and other questions related to living the Sabbath in our nonstop culture. Sabbath is about rest, celebration, and relationships, but it is also about so much more. We will see how Sabbath leads us to wrestle with the gods of Consumerism, cage the animal of Technology, and pursue God's justice on behalf of all people. Throughout this book you will be invited to ponder and embrace specific weekly choices in relation to a rich understanding of Sabbath. From these choices emerges a Sabbath spirituality that comes to wonderfully color the other six days of the week as well. The Sabbath Experiment invites readers to discover the place Sabbath can have in contemporary culture. Claiming Sabbath-keeping is both a discipline and a gift, Muthiah opens up this countercultural practice biblically, historically, theoretically, and personally. Each chapter elegantly articulates one aspect of the practice while offering the opportunity to slow down and reflect on one's life . . . [T]his book is accessible, well-written, practical, and a gift to the church. --Terri Elton, Associate Professor of Leadership, Luther Seminary;...



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