



Maximizing Results Through Minimalism: Get the Most Out of Life by Focusing Only on the Essentials! (Paperback)

By Gloria V Moses

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In this day and age, issues with two fairly distinct issues present themselves as common dilemmas in the accomplishment of any task. Anyone who invests their time into a personal venture, daily tasks or career will run into these time and resource vacuums, thus needing the need to be more, achieve more, with less! This book is going to be exploring just that! How to focus on the high yield activities to get more out of life (or business), while maintaining or possibly even reducing the resources needed to getting more results possible! ===== TABLE OF CONTENTS ===== Perfecting the Discipline of Living the Limited Life Busy-work Dive-bombing: Too Much to Know too Soon: Crucial Aspect Recognition and Identification Elimination of any Remaining Aspects Crucial Aspect Recognition Identification Effective Boundary Placements Emphasizing the Value of your Time Be Proactive in Creating a Productive, Stress Free Life End the Butter on Toast Syndrome in your Life Determine the Top Priority What things do I value in this life or career area? Have I set any goals for myself? What inspires passion...



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Reviews

Complete guideline! Its this type of great read through. it absolutely was writtern quite perfectly and helpful. I am very happy to explain how this is basically the best book i actually have read through during my personal life and can be he very best book for at any time.

-- Joshua Gerhold PhD

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

-- Meagan Roob