



## Slow Cooker: 100 Vegan Indian: Tantalizing and Super Nutritious Vegan Recipes for Optimal Health (Paperback)

By Karen Greenvang

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Vegan diet spiced up! Delicious and nutritious 100 vegan Indian recipes for slow cooker (perfect for busy people!). You will never get bored with em. If you re like me, you have probably heard many of your family and friends say: Oh vegan diet is boring, all you can eat is lettuce with potatoes and it s got no taste! Or maybe you want to cook a kick ass vegan meal to show your loved ones how much variety we can enjoy on a vegan diet? Or perhaps you just enjoy vegan Indian food and experimenting with your slow cooker? Whatever your reasons are, I welcome all of you! Here s is exactly what you will be getting inside: Breakfast Oatmeal DaliyaRice Kheer Tizann Pav Bhaji Spicy Barley Chaat Bajre Ka Khichda Lunch Palak Tofu Curry Sarson da Saag and Makki di Roti Cabbage Potato Curry Aalu Matar Sabji Sambhar Daal Idli Chana Masala Dinner Mahni Soup Kidney Bean Curry Basmati Rice Stuffed Green Peppers in Pasta SauceSpicy Pumpkin Curry Black Millet Flour Flatbread Palak Chana Daal Khichri Pulav Gajar Ka...



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*Completely essential go through book. This is for all who statte there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.*

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