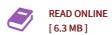# Veggie Planet: Uncover the Vegan Treasures Hiding in Your Favorite World Cuisines (Paperback)

By Wendy Werneth

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Struggling to find vegan options when traveling or eating out? Struggle no more! Discover the many plant-based dishes that are hiding in plain sight in the world s best-loved cuisines. Intrepid globetrotter and vegan travel expert Wendy Werneth has explored 100 countries on 7 continents, sampling countless local specialties along the way. In her new vegan food guide, Veggie Planet, she highlights the many naturally vegan dishes in 11 of the world s most famous cuisines and shows you just how vegan-friendly they really are. But Veggie Planet is more than just an international travel guide for people interested in the vegan lifestyle. Since the cuisines it describes are widely available (think Chinese, Italian, Indian, etc.), Veggie Planet is a godsend not only for when you re traveling but also for when you want to enjoy a delicious vegan meal while eating out, even in your own hometown. Whether you re a flexitarian, a beginner vegan, or a seasoned veteran with dozens of vegan books lining your shelves already, you are sure to discover new dishes, cuisines and cultures within the pages...

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