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SPORTS AND HEALTH AT GIRL'S SCHOOLS IN RIYADH, SAUDI ARABIA



Sports and Health at Girl's
Schools in Riyadh,
Saudi Arabia
The importance of sports for girls



LAP Lambert Academic Publishing Apr 2017, 2017. Taschenbuch. Condition: Neu. Neuware - For a long time, sports have been viewed as a way to stay healthy and in shape, but their importance goes much further. As a matter of fact, playing sports teaches life lessons like discipline, responsibility, self-confidence, accountability, and teamwork. Sport is definitely one of the greatest things man has ever created. It is considered that both sports and strength are two sides of the coin. It is...

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- Released at 2017



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