



Adaptive Mentalization-Based Integrative Treatment: A Guide for Teams to Develop Systems of Care (Paperback)

By Dickon Bevington, Peter Fuggle, Liz Cracknell

Oxford University Press, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Socially excluded youth with mental health problems and co-occurring difficulties (e.g. conduct disorder, family breakdown, homelessness, substance use, exploitation, educational failure) attract the involvement of multiple agencies. Poorly coordinated interventions often multiply in the face of such problems, so that a young person or family is approached by multiple workers from different agencies working towards different goals and using different treatment models; these are often overwhelming and may actually be experienced as aversive by the young person or their family. Failure to provide effective help is costly throughout life This is the first book to describe Adaptive Mentalization-Based Integrative Treatment (AMBIT). This is an approach to working with people - particularly young people and young adults - whose lives are often chaotic and risky, and whose problems are not limited to one domain. In addition to mental health problems, they may have problems with care arrangements, education or employment, exploitation, substance misuse, offending behaviours, and gang affiliations; if these problems are all occurring simultaneously, any progress in one area is easily undermined by harms still occurring in another. AMBIT has been designed by and for...



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