



## Sally Weans from Night Nursing

By Lesli D. Mitchell Msw

CreateSpace Independent Publishing Platform. Paperback. Condition: New. Lesli Mitchell (illustrator). This item is printed on demand. 26 pages. Dimensions: 10.8in. x 8.3in. x 0.2in. A book for older babies, toddlers, and children that colorfully details what a child might experience in the process of weaning from night nursing. Sally Weans From Night Nursing encourages the gradual process of weaning without absolutes or judgements regarding when a child should wean. This book helps to validate the child's feelings associated with change and leads mother and child through to a new phase in their relationship. As a prior mental health therapist, (MSW, LCSW-inactive stay at home mom) I believe that when a child's feelings are validated and acknowledged, their emotional distress is significantly reduced. When a mother is ready, this book can be read to her child several times throughout the day in preparation for night weaning. The characters and circumstances in this book can then be discussed to help comfort and validate a child struggling with weaning. When I used this book to night wean my 18 month old daughter, I would mention the character Sally to remind my daughter that we needed to go back to sleep until the morning like...



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