



Postmenopausal Hormone Replacement Therapy and Cardiovascular Disease: Systematic Evidence Review Number 10

By U. S. Department of Health and Human Services

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 240 pages. Dimensions: 11.0in. x 8.5in. x 0.6in. Postmenopausal hormone replacement therapy (HRT) is one of the most commonly prescribed drug regimens in the United States. This use largely reflects the significant number of postmenopausal women in the United States, many of whom are choosing to take HRT to treat symptoms of menopause. A recent survey showed that 40 to 55 of postmenopausal women have used hormone replacement therapy at some time in their lives, with higher rates of use in women who have undergone hysterectomy. Also contributing to the high prevalence of use has been significant publicity to physicians and women regarding HRT. s effect on bone density and its potential effect in decreasing cardiovascular disease (CVD) morbidity and mortality, as well as potentially reducing several other serious diseases, such as Alzheimer. s Disease and colon cancer. Finally, because estrogen replacement therapy has been shown to favorably alter lipids, estrogen use is recommended as part of the National Cholesterol Education Program Guidelines for managing cholesterol, and this too has contributed to its frequent use. Of all the potential benefits of HRT, the one with the greatest potential...



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